



FAB is the Family Activity Budget a new initiative, supported by the Life Changes Trust, to encourage and support care experienced young people to participate in local arts, sports and cultural activities. We know that our young people have a wealth of talent and potential and this scheme is designed to help them unlock it.

The FAB fund will cover the costs for arts, sports and cultural activities for care experienced young people. They'll be asked to use their **Young Scot card** to track attendance.

WHO IS IT FOR?

The project is aimed at young people aged 14-26, care experienced and living in the South of the city or where their family is in the south of Glasgow.

Young people will need their Young Scot card, replacement cards are available.

WHAT'S INVOLVED?

Eligible young people can choose an activity they're already interested in or they can search Glasgow Life and Young Scot's website to see what's available to them locally. If they already know the activity/organisation they want to be involved in, then Glasgow Life will contact the organisation to see if they are eligible to become a FAB provider (this is our way of checking that the organisation offers a good, appropriate service to young people).

BENEFITS INCLUDE:

- Agreed costs covered for the young person's participation
- Access to a web page on Young Scot with details of what's on offer
- The opportunity to register through Young Scot to gather reward points
- All the existing benefits of the Young Scot card
- The opportunity to engage with Glasgow Life to help us understand the impact
- The opportunity for achievement and recognition

INTERESTED?

To refer a young person or for further information, contact:
tony.begley@glasgowlife.org.uk

To find out what's on locally, go to

- Glasgow Life What's On
- Glasgow Sport – Activity finder
- Young Scot

