

YouthBorders Youth Group Members

This directory includes more than 40 organisations who are here to support, serve and assist young people in the Scottish Borders. This directory is organised by locality area:

P1-3: Borders Wide Services

P4: Berwickshire and Cheviot

P5-6: Eildon and Teviot

P7: Tweeddale

If you need further information about any of the organisations listed, please contact YouthBorders – the network of voluntary and community-based youth organisations in the Scottish Borders.

Email: info@youthborders.org.uk

Web: www.facebook.com/youthborders

Please note that organisations marked with an “R” require a referral to be made before they can provide you with support, this is usually to check eligibility and that their service is the right service for your needs or circumstances. This referral might be from a young person themselves, a family member or in some cases this requires a referral from a professional such as a teacher, social worker, youth worker etc.

Borders Wide			
Action for Children R	Borders Wide	www.actionforchildren.org.uk	Ask.us@actionforchildren.org.uk
Action for Children CHIMES service supports young carers aged 7-18 who are providing care and support to parents, siblings, or another family member who has a physical or mental health illness/disability, or substance use issue.			
Borders Additional Needs Group R	Borders Wide	www.bordersadditionalneeds.org	info@bordersadditionalneeds.org
BANG (Borders Additional Needs Group) is an outreach service for parents, carers, and disabled children with rare, complex and additional needs. BANG hosts the Branching Out Youth Group for young people aged 14-19.			
Borders Carers Centre R	Borders Wide	www.borderscarers.co.uk	admin@borderscarers.co.uk
Borders Carers Centre offer support to Young Adult Carers (aged 18-25 years) to access Carers Support Plan and mental health support, advice and advocacy. They also source much needed ‘time out’ opportunities where required.			



Borders Youth Theatre R	Borders Wide	www.bordersyouththeatre.scot	info@bordersyouththeatre.scot
Borders Youth Theatre invites young people to join our drama workshops, no prior know-how required. An experienced youth theatre specialist, will deliver a programme based on the belief that everyone has creative talent.			
Cedar Borders R	Borders Wide		cedar@scotborders.gov.uk
Children Experiencing Domestic Abuse Recovery (CEDAR) is for children and young people who may be experiencing difficulties as a consequence of domestic abuse.			
Children 1st R	Borders Wide	www.children1st.org.uk	ettrick@children1st.org.uk
Children 1st support children and young people when they have experienced abuse and trauma, helping them through recovery.			
Interest Link Borders R	Borders Wide	www.interestlink.org.uk	info@youthborders.org.uk
Interest Link provide befriending services for socially isolated children and young people with learning disabilities across the Scottish Borders, including those with complex needs or autism.			
LGBT Youth Scotland	Borders Wide	www.lgbtyouth.org.uk	info@lgbtyouth.org.uk
Scotland's national charity for LGBTI young people, working with 13–25 year olds across the country. They also deliver the LGBT Charter programme to schools, organisations and businesses.			
Nature Unlimited R	Borders Wide	www.natureunlimited.scot	www.facebook.com/natureunlimitedscotland
Nature Unlimited run sessions in woodlands across the Scottish Borders, using a forest schools ethos, including employability programmes, schools programmes and mental health and wellbeing sessions.			
One Step Borders R	Borders Wide	www.onestepborders.info	onestepborders@gmail.com
One Step Borders support young people ages 16-25 and their families in the Scottish Borders experiencing emotional and mental health pressures. They offer low intensity intervention to those suffering mild to moderate mental health issues and/or those at risk of developing them.			
Quarriers R	Borders Wide	www.quarriers.org.uk/borders	borders@quarriers.org.uk
Quarriers Resilience for Wellbeing Service, runs throughout the nine secondary schools in the Borders, focuses on prevention and early intervention to aid and improve mental health.			

Scottish Borders Rape Crisis Centre R	Borders Wide	www.sbrcc.org.uk	info@sbrcc.org.uk
SBRCC support all young survivors of any gender/gender identity aged between 12 and 18 who have experienced any form of sexual violence at any time in their lives. One to one support, offered at the centre or in safe outreach venues across the Borders, telephone and email support. Support & Advocacy for survivors engaged or considering engaging with the criminal justice process.			
Serendipity Recovery Community Network R	Borders Wide	www.facebook.com/serendipity.rcn	Serendipity.rcn@gmail.com
Serendipity is a Recovery Network supporting community members of those in recovery from drug, alcohol or other addictions including gambling and eating disorders. Young people aged 16+ are supported through the peer to peer recovery café's that are held in Galashiels.			
Stable Life R	Borders Wide	www.stablelife.org.uk	Info@stablelife.org.uk
Stable Life supports vulnerable young people in the Scottish Borders, aged 10-18, on a referral basis. Using Equine Assisted Learning (EAL) as a proven and trusted method to encourage self-reflection and promote resilience with young people.			
Sustain Borders – Aberlour R	Borders Wide	www.aberlour.org.uk	enquiries@aberlour.org.uk
Aberlour work with children and families who have been identified by Scottish Borders Council as being on the edge of going into care.			
VCB – Youth Volunteering Ambassadors	Borders Wide	www.vcborders.org.uk	enquiries@vcborders.org.uk
Volunteer Centre Borders take an inclusive approach to getting young people involved in volunteering and the opportunities of the Ambassador programme.			
We Are With You – Borders R	Borders Wide	www.wearewithyou.org.uk/services/the-borders	addactionborders@wearewithyou.org.uk
We Are With You offer support to young people and adults 16 years+ who are worried about their own drinking or drug use, or someone else's substance use. They run a number of groups to support all stages of the recovery journey, also offering 1:1 support to those accessing the service.			

Works+ R	Borders Wide	www.worksplus.works	enquiries@worksplus.works
Works+ is an employability project based in Galashiels. They work predominantly with unemployed young people aged between 16-24. They also provide early intervention support to young people still attending school where required.			
Youth Wellbeing Coaching CIC R	Borders Wide	www.youthwellbeingcoaching.com	info@youthwellbeingcoaching.com
Youth Wellbeing Coaching CIC is a dynamic new resource for young people (16-25) in the Scottish Borders; providing them with a safe space to explore what is important to them, recognise their self-worth and encourage their personal development.			

Berwickshire

Connect Berwickshire Youth Project	Berwickshire	www.bypconnect.com	office@bypconnect.com
Connect Berwickshire Youth Project provide community-based youth work opportunities to young people from age 5 upwards in the Berwickshire area. They provide drop-in and project based services in Duns, Eyemouth and Coldstream.			
Eat, Sleep, Ride R	Berwickshire	www.eatsleeprides.org	info@youthborders.org.uk
Eat Sleep Ride is a horse riding schools with a twist. Through a focused programme of professional horse care, stable management, mounted games, numeracy and literacy and leadership skills they build confidence and resilience in young people. Using a careful blend of fun, friendship and expert tuition, young people access potentially lifelong benefits of taking part in team work, assuming personal responsibility and acquiring new skills.			
The Splash Project	Eyemouth, Berwickshire	www.facebook.com/splash.eyemou th	Volunteering4splash@gmail.com
Splash work in partnership with organisations and businesses based in Eyemouth to provide volunteering, learning, and community involvement opportunities for people of all ages.			
Westruther Youth Group	Westruther, Berwickshire		info@youthborders.org.uk
Westruther Youth Group is a weekly youth club which gives children and young people a safe and fun environment to meet with friends and learn some life skills.			

Cheviot

Cheviot Youth	Cheviot	www.cheviotyouth.org	info@cheviotyouth.org
Cheviot Youth provide community-based youth work opportunities to young people, aged 8-25, in Jedburgh, Kelso, and the surrounding area. They offer youth work drop-ins, village youth clubs, and projects which focus on digital, environment, and mental health.			
Kelso Quest	Kelso	www.facebook.com/kelsoquest	kelsoquest@icloud.com
Kelso Quest is a youth project, working in partnership with local schools and the wider community. The Christian youth project supports young people (11-19) of all faiths and none, to get involved in social action, to help their community, and to spread good news.			

Eildon

Beyond Earlston	Earlston, Newtown, Lauder, St.Boswells	www.beyondearlston.org.uk	admin@beyondearlston.org.uk
Beyond Earlston provide community-based youth work opportunities to young people aged 12-18 in the catchment of Earlston High School. They provide youth clubs, group work and one to one opportunities in partnership with school and in the community – including their Be Green and Be Involved projects.			
Bright Start Borders CIC	St Boswells, Eildon	www.facebook.com/bright-start-borders	Brightstartborders@gmail.com
Bright Start Borders CIC is an Out of School Club in St. Boswells providing breakfast and after school childcare sessions, plus holiday clubs and activities.			
Café Recharge	Galashiels, Eildon	www.facebook.com/cafererechargecic	cafererechargecic@gmail.com
Café Recharge is a social enterprise café and catering company providing opportunities for young people to volunteer within the café.			
Focus Youth Club	Galashiels, Eildon	www.facebook.com/focusyouthclub fyc	info@youthborders.org.uk
Focus Youth Club is a weekly youth club based at the Focus Centre in Galashiels for young people in Primary 5 to S4. They offer a fun, safe, friendly space for young people to meet their friends and take part in positive community activities.			



Langlee Youth Club	Galashiels, Eildon	www.facebook.com/langleecommunity	info@youthborders.org.uk
Langlee Youth Club is a weekly youth club based at the Langlee Community Centre in Galashiels for young people aged 8 to the end of Primary 6. They offer a fun, safe, friendly space for young people to meet their friends and take part in positive community activities.			
Rowland's Selkirk	Selkirk, Eildon	www.rowlands-selkirk.org.uk	info@rowlands-selkirk.org.uk
Rowland's Selkirk provide community-based youth work opportunities to young people aged 12-18. They provide drop-ins, group work and one to one opportunities in partnership with school and in the community.			
TD1 Youth Hub	Galashiels, Eildon	www.td1.org.uk	info@youthborders.org.uk
TD1 Youth Hub provide community-based youth work opportunities to young people aged 11-25 years in Galashiels. They deliver a range of opportunities including drop-ins, 1-1 work, young parents support, street work, transitions support, and school based youth work.			
Transform Arts CIC	Selkirk, Eildon	www.facebook.com/transformartscic	transformartscic@outlook.com
Transform Arts provide regular after school arts session for children and young people. They also offer workshops and short courses at weekends and during the school holidays. They also have a regular free community art group for young people in Bannerfield, Selkirk.			
Tweedbank Youth Club	Galashiels, Eildon		info@youthborders.org.uk
Tweedbank Youth Club is a weekly youth club based at the Tweedbank Community Centre for young people aged 8 to 12. They offer a fun, safe, friendly space for young people to meet their friends and take part in positive community activities.			

Teviot

Escape Youth Services	Hawick, Teviot	www.facebook.com/escapeyouth	admin@escapeyouthservices.co.uk
Escape Youth Services provide community-based youth work opportunities to young people (aged P6 upwards) in Hawick and surrounding area. They provide drop-ins, group work and one to one opportunities in partnership with school and in the community.			
Newcastleton Youth Club	Newcastleton, Teviot	www.rockuk.org/centres/whithaugh-park	whithaugh@rockuk.org
Newcastleton Youth Club is a weekly youth club based at the No.8 Centre in Newcastleton. They offer a fun, safe, friendly space for young people to meet their friends and take part in positive community activities. Working alongside Rock UK the youth club often use the outdoor facilities at Whithaugh Park.			

Tweeddale

Newlands Youth Group	Romanno Bridge, Tweeddale	https://newlandscentre.org.uk/newlands-youth-group/	manager@newlandscentre.org.uk
Newlands Youth Group is a weekly youth club based at the Newlands Activity Centre in Romanno Bridge. They offer a fun, safe, friendly space for young people to meet their friends and take part in positive community activities and trips.			
Peebles CAN	Peebles, Tweeddale	www.peeblescan.org	info@peeblescan.org
Peebles CAN provide learning experiences for young people up to S6 in a garden setting. Training includes employability training, gardening training, intergenerational experiences, and working alongside adult volunteers.			
Peeblesshire Youth Trust	Peebles, Tweeddale	www.peeblesshireyouthtrust.org	info@peeblesshireyouthtrust.org
Peeblesshire Youth Trust works across Tweeddale to support 10-14 year olds during the years of transition from primary to Peebles High School. They focus on growing confidence and self-esteem, building resilience and promoting good relationships for young people at home and in the community.			
Socialize	West Linton, Tweeddale	www.facebook.com/west-linton-socialize	westlintonsocialize@gmail.com
Socialize is a weekly youth club based in West Linton. They offer a fun, safe, friendly space for young people (aged 11-18) to meet their friends and take part in positive community activities.			
Tweeddale Youth Action (TYA)	Peebles, Innerleithen, Tweeddale	www.tweeddaleyouth.co.uk	info@tweeddaleyouth.co.uk
TYA provide community-based youth work opportunities to young people (aged P7 upwards) in Peebles and Innerleithen. They provide drop-ins, group work and one to one opportunities in partnership with school and in the community.			