

**Escape. Connect. Relate.**

# **Equalities & Diversity - Feminism**

Feminism is the belief that "every girl has an equal opportunity to reach her full potential and change the world, regardless of race, religion, ethnicity, sexual orientation, age or ability." *Girl Up*

"Feminism is the belief in social, economic, and political equality of the sexes." *Encyclopedia Britannica*

In other words, Feminism is the belief that everyone has the same rights in every aspect of life.





# ECR Suggested Reads

Many of our suggested reads are available from your school library and from [Edinburgh Libraries](#). Some books may contain triggering or upsetting content. Please use the age ratings as guidance and ask your school librarian for help. Books are listed in alphabetical order by author's surname.



## **The Burning by Laura Bates**

Anna and her mother have moved away to put the past behind them. Anna wants to escape the harassment she's been subjected to. But then rumors start, and she tries to ignore them by learning about Maggie, a local woman accused of witchcraft in the seventeenth century. A woman who was shamed. Silenced. And whose story has unsettling parallels to Anna's own.

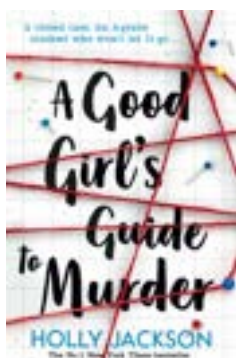
**S3+**



## **What Magic is This? by Holly Bourne**

Sophia, Mia and Alexis are clinging on to a spark of hope that maybe - just maybe - they're special. But could they really be witches with the power to cast life-changing spells? When they gather to cheer up heartbroken Sophia, they're ready to put their theory to the test. But when long-held secrets are revealed, their night of bewitching quickly takes an unexpected turn.

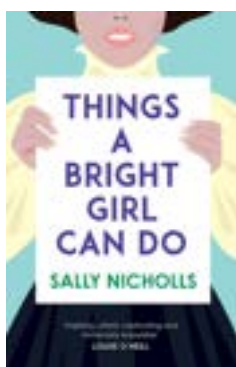
**S1+, Dyslexia-Friendly**



## **A Good Girl's Guide to Murder by Holly Jackson**

Five years ago, schoolgirl Andie Bell was murdered by Sal Singh. Everyone in town knows he did it. But having grown up in the same small town that was consumed by the murder, Pippa Fitz-Amobi isn't so sure. When she chooses the case as the topic for her final year project, she starts to uncover secrets. And if the real killer is still out there, how far will they go to keep Pip from the truth?

**S3+, Series**



## **Things A Bright Girl Can Do by Sally Nicholls**

Evelyn is seventeen, and though she is rich and clever, she may never be allowed to follow her older brother to university. Enraged that she is expected to marry her childhood sweetheart rather than be educated, she joins the Suffragettes, and vows to pay the ultimate price for women's freedom.

**S3+**



### **The Surface Breaks by Louise O'Neill**

Deep beneath the sea, off the cold Irish coast, Gaia is a young mermaid who dreams of freedom from her controlling father. On her first swim to the surface, she is drawn towards a human boy. She longs to join his carefree world, but how much will she have to sacrifice? What will it take for the little mermaid to find her voice?

**S3+**

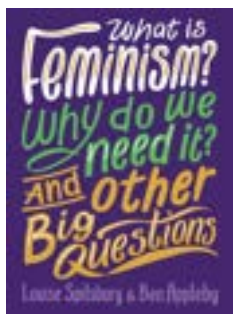


### **Diary of a Confused Feminist by Kate Weston**

Kat wants to do GOOD FEMINISM, although she's not always sure what that means. But the path to true feminism is filled with mortifying incidents and when everything at school starts to get a bit too much, Kat knows she's lost her way, and the only way forward is to ask for help . . .

**S1+**

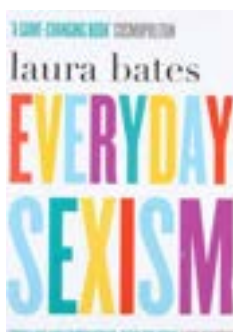
## Information Books



### **What is Feminism? Why Do We Need It? by Louise Spilsbury and Bea Appleby**

A brilliant introduction for children to the movement. This book looks at the history of feminism, what it is today and its enormous relevance to young people. This is a vital tool for children in the process of figuring out how the world works.

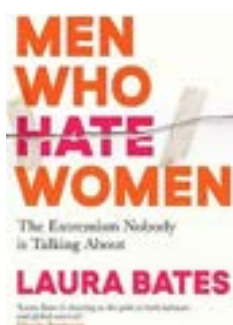
**S1+**



### **Everyday Sexism by Laura Bates**

This bold, jaunty and ultimately intelligent book is the first to give a collective online voice to the protest against sexism. This game changing book is a juggernaut of stories, often shocking, sometimes amusing and always poignant - it is a must read for every inquisitive, no-nonsense modern woman.

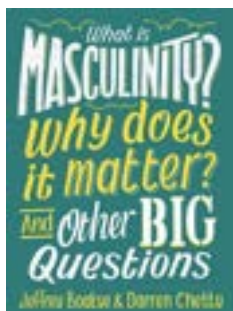
**Senior**



### **Men Who Hate Women by Laura Bates**

Bates exposes vast misogynist networks and communities - the worldwide extremism nobody talks about. Interviews with former members of these groups give unique insights on how they operate and spread ideas to schools, workplaces and the corridors of power, becoming part of our collective consciousness. This is the uncomfortable truth, and how to change it.

**Senior**



### **What is Masculinity? Why Does it Matter? by Jeffrey Boakye and Darren Chetty**

Looks at the big questions surrounding definitions of masculinity, and discusses where ideas of masculinity have come from and the effects of gender stereotyping. The authors and contributors share their experiences of and perspectives on masculinity.

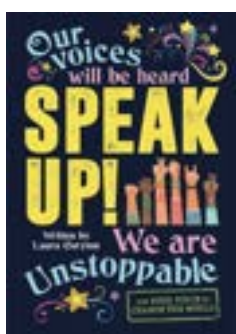
**S1+**



### **We Shall Fight Until We Win by 404Ink and BHP Comics**

*We Shall Fight Until We Win* celebrates and educates how far we've come, and laments on where there is still to go. Learn the history of a movement still blazing in the 21st century through this celebration of a century of political pioneering women.

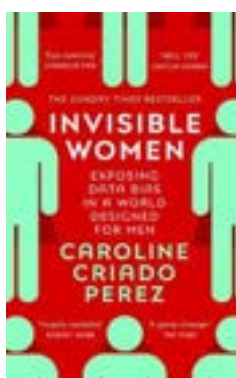
**S1+**



### **Speak Up! by Laura Coryton**

This must-have empowering guide by inspirational activist Laura Coryton, leader of the incredible international campaign against tampon tax, gives you the tools to find your voice and stand up for what you believe in so that YOU can make a difference.

**S1+**



### **Invisible Women by Caroline Criado Perez**

*Invisible Women* shows us how, in a world largely built for and by men, we are systematically ignoring half the population. It exposes the gender data gap – a gap in our knowledge that is at the root of perpetual, systemic discrimination against women, and that has created a pervasive but invisible bias with a profound effect on women's lives.

**Senior**



### **Feminists Don't Wear Pink and Other Lies by Scarlett Curtis**

Personal stories from actors, writers, and activists explore the contradictions and complications at the heart of the movement. By bridging the gap between feminist hashtags and scholarly texts, these essays bring feminism into clear focus. This empowering collection shows how a diverse group of women found their voice, and it will inspire others to do the same.

**S3+**



# Resources

Disclaimer: the ECR team does not take credit for these links, which are all offered and maintained by external providers

Girl Up is a movement fighting for girls' equal rights

**<https://girlup.org/>**

A Feminist book club run by Emma Watson

**<https://www.goodreads.com/group/show/179584-our-shared-shelf>**

Everyday Sexism online

**<https://everydaysexism.com/>**