

ARE YOU A YOUNG CARER?



Do you consider yourself a young carer? or unsure if you are caring for somebody else?

Do you support or take a friend or family member to doctor appointments?

Do you help with dressing, washing or moving around?

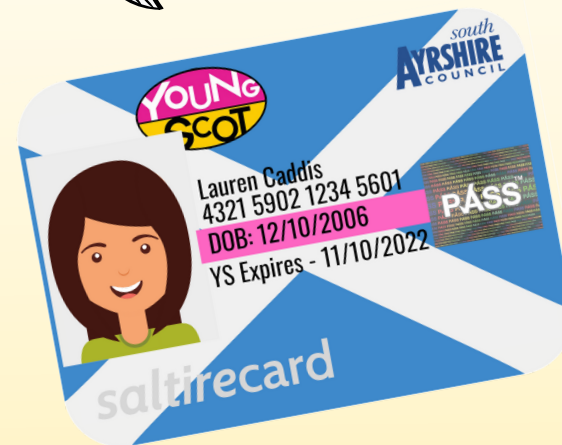
Do you clean, cook or look after the house?

Do you offer emotional support?

Do you take care of the household budget or bills?

Do you help care for your siblings?

Are you responsible for giving/managing medication for a friend or family member?



CONTACT US

youngscot@south-ayrshire.gov.uk

01292 612788



If you are responsible for one or more of these tasks and aged **11-18** you may be eligible for the new Young Scot Carers Package.

Check out our detailed step by step guide at: www.young.scot/youngcarers